**A USEFUL GUIDE**

***Questions that can help a middle-class person cross-examine himself / herself to broaden his/her ken, gain insights and "know thyself".***

Be brutally honest and sincere in your answers to these TEN (10) simple questions. You don't have to share your answers with anyone but yourself. That will help you to “know yourself”.

*Simply start typing your answer below each question. There is no word-limit. Remember, you are trying to understand yourself, re-discover yourself, know yourself inside out. Be as elaborate and as specific as possible. Answer all questions fully, to the best of your ability. Ideally, you should answers all the questions in one session, at one go.*

1) What is your worldview?

2) What is your idea of how the world works? Share your understanding of the "system" you are now part of, at the *a)* city, *b)* state/provincial/regional, *c)* national and *d)* global levels?

3) Did you consciously choose the "system" you are now part of?

4) Do you endorse, support or back the "system" you are now part of?

5) In your view, what brought the world, and yourself, to the current impasse (where the very future and survival of our species – human beings / *homo sapiens* – seems to be at risk as of January/February 2021, and we ordinary people all seem to be staring at the rise of brazenly totalitarian, authoritarian, dystopian societies?

6) In your view, what is really important in life (in the context of humans)?

7) In your view, how should human beings organize themselves going forward (in terms of size/scale and nature of community/society), now that we have all the knowledge and experiences of our own history so far?

8) How should the transition to that new vision, if any, be made from the current situation?

9) What role should an individual play in the new larger community / New World once that is formed (co-created)?

10) What exactly would you be willing to do/contribute as an individual NOW toward the goal of envisioning and co-creating a New World where not only yourself but your children would be safe, secure, healthier and fulfilled?